



MEDILODGE OF
RICHMOND

NEWSLETTER

34901 Division Road, Richmond, MI 48062 • P: 586.727.7562 • www.medilodgeofrichmond.com • October 2018

Upcoming in October

**Breast Cancer
Awareness Month**

Sweetest Day
OCTOBER 20TH

Halloween
OCTOBER 31ST

New Bus & Senior Olympics Highlights

Our brand new facility bus was delivered on the 24th and our first trip was for the 18th Annual Senior Olympics at the Armada Fairground! Richmond took 8th place out of 18 buildings- with all the fun that was had. Everyone was a winner! Great job everyone! What an amazing vehicle and we are so excited to start planning more trips and to also utilize it for appointments when necessary. Here you will see many smiling faces which include: Jeannette C, Marguerite G., Irene M., Laszlo P., Robert C. and Robert B. Also with many staff and volunteers, Shaylee, Alyson, Judy, Michelle, Lloyd, Carolyn, Jodie, Patty, Anne-Marie, Julia, Val and Janet.



ZENSATIONAL

WELLNESS AT MEDILODGE OF RICHMOND

zen+sa+tion+al noun /zen'sāSH nəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

Senior Olympics Highlights



More...Senior Olympics Highlights



Halloween Hero's!

Save the Date: Wednesday October 31, we look forward to opening our doors to all the children in the community for our 15th Annual Community Trick or Treating. The much anticipated tradition welcomes over 200 children and family members in to the facility for the residents to pass out treats! You may start seeing some of our staff dressing more casually as they are our "Halloween Hero's" – they are supporting the community event by donating monetarily or with bags of individually wrapped bags of candy for the event. *If you or your business would like to become a Halloween Hero – please see anyone in activities or the front desk if you have any questions. Thank you in advance for your support!*



Pet Therapy Love Comes in All Sizes!

On our Memory Care Unit we have a few friends that live with them 2 furry hamsters named Cookie and Brownie and a fish tank. The residents have been enjoying them so very much! This particular day, residents were watching the hamster get his

exercise and rolling on the floor. Marjo S. was so delighted that she reached down and picked him right up! What a beautiful smile.

Resident Birthdays!

10/09	Jeannette C.
10/09	Pamela D.
10/11	Phyllis D.
10/12	Jean S.
10/14	Gean K.
10/23	Alfreda M.
10/23	Terry V.
10/25	Barbara A.
10/31	Gloria M.

Staff Birthdays!

10/04	Hector D.
10/05	Colleen F.
10/07	Dennis L.
10/09	Beth B.
10/11	Alyson V.
10/17	Jessica D.
10/19	Lisa F.
10/23	Amy w.
10/24	Margaret D.
10/27	Brenton W.

Staff Anniversaries

10/13	Gail H. 21 Years
10/13	Easter L. 1 Year
10/13	Jami W. 4 Years
10/17	Judith W. 8 Years
10/21	Alexis C. 4 Years
10/21	Jillian R. 3 Years
10/24	Alyson V. 10 Years
10/25	Debra F. 27 Years
10/28	Derek H. 4 Years
10/30	Alyssa G. 1 Year

Google Review

Have you witnessed an example of exceptional caregiving while here at MediLodge of Richmond? We would love to hear from you! Google Reviews or even a written testimony that can be used right here in our newsletter, website and Facebook would be welcomed.



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www.facebook.com/medilodge

Your Friendly Staff

Administrator Shaylee Tobaben, BS, NHA

Activities Carolyn French, ADC, MC

Admissions Judy Wells

Billing Lisa Carrow

Dietary Manager Chef Kevin Saracino

Dietitian Chrissy Abuan, RD

Director of Nursing

Alyson Valentine-Schade, RN

Infection Control, Staff Development

Coy Rogers, RN

Laundry/Housekeeping Aimee Ketchum

Maintenance Director Lloyd Meyers

Memory Care C.N.A.

Davon Morris, CNA

Restorative Therapy, Wound Care Nurse:

Carol Lang, LPN

Social Services Connie Owens, LMSW

Social Services/Discharge Planner

Connie Owens, LMSW,

Therapy Kim Durst Nim, MS, CCC-SLP

Unit 1 Manager Michelle Heskett, LPN

Volunteer Coordinator Margaret Doll

Office Hours

Monday – Friday 8:00a.m.–8:30p.m.

Saturday & Sunday 10:00am – 2:00pm

Resident Email Program

M = MediLodge

O = Of

R = Richmond

E = Email Program

moreprogram@gmail.com



Michigan
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October – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

O	I	S	C	Y	L	V	O	J	S	Q	P	K	S	N
P	W	Z	N	C	M	X	R	B	U	W	R	C	Q	H
U	Q	G	T	S	L	E	E	P	D	D	E	J	C	R
M	O	V	H	G	D	A	A	U	O	U	V	T	E	W
P	Y	L	C	I	X	V	L	C	K	M	E	C	P	A
K	A	W	P	F	N	T	R	B	U	R	N	O	E	L
I	X	S	L	A	I	D	W	P	T	A	T	L	K	K
N	R	R	P	Z	S	R	G	S	C	Y	I	Y	D	L
S	T	D	B	J	U	J	E	E	E	O	O	K	U	A
U	H	E	J	Y	O	J	K	F	Y	Y	N	J	M	Q
G	E	S	V	B	R	A	I	N	P	R	B	E	B	P
A	R	S	B	K	Y	E	U	B	P	U	Z	Z	L	E
R	A	E	E	Y	H	A	L	L	O	W	E	E	N	K
J	P	R	A	H	M	O	S	C	A	F	T	W	O	J
U	Y	T	C	M	O	A	E	S	B	I	S	I	N	Q

See solution in the September newsletter!

F	S	R	E	H	A	F	D	N	A	R	G	R	C	R
H	Q	E	P	V	A	S	I	M	K	U	E	N	V	A
Z	F	H	Q	Z	S	O	T	A	E	V	Z	M	E	M
X	W	T	D	M	O	L	O	T	N	L	F	B	B	M
C	V	O	G	R	F	O	S	S	A	R	C	Y	A	L
C	U	C	M	A	M	Y	R	H	R	C	X	F	G	E
W	C	D	E	Y	D	E	Z	I	I	B	L	E	N	R
L	J	N	R	D	L	D	T	F	O	R	K	E	C	I
T	P	A	P	D	A	E	S	C	K	R	W	G	V	E
Z	N	R	P	D	P	T	E	K	F	U	D	G	X	A
C	J	G	E	P	Q	L	P	H	R	W	U	F	K	I
C	Y	C	R	C	O	T	F	I	O	C	V	I	B	F
Y	C	V	P	L	I	H	S	J	U	R	I	M	P	P
C	K	F	C	G	A	X	C	E	Z	T	M	U	J	I
F	Y	O	D	A	N	A	T	O	R	N	B	W	U	B

SEPTEMBER SOLUTION PUZZLE

Word List

BRAIN
CANCER
DESSERT
FIRE
HALLOWEEN
PREVENTION
PUMPKIN
PUZZLE
SLEEP
SPIDER
STRETCH
SUDOKU
SUGAR
THERAPY
WALK