# ZENSATIONAL

REHABILITATION AND WELLNESS LODGES

**zen•sa•tion•al** *noun* /zen'sāSHənl/

1. A state of mind and an active process where you join with Medilodge on your journey to recover, rejuvenate, revitalize and return home.
2. A whole-person, wellness-centered philosophy, experienced in a relaxed and soothing environment.

## Recover

- Physical, occupational and speech therapy
- Orthopedic rehabilitation
- Cardiac/stroke rehabilitation
- Pre-operative planning
- Accident, injury and illness recovery

## Rejuvenate

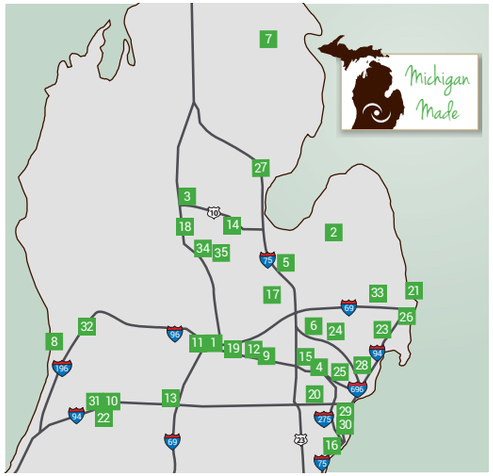
- Family support/education
- Private and semi-private suites
- Fine dining
- Room service
- Cable/satellite television

## Revitalize

- Salon & spa services
- Individualized activities
- Specialty rehabilitation gym
- Tranquil outdoor visiting gardens
- Wi-Fi internet access

## Return Home

- Home safety evaluation
- Household management training
- Specialty equipment consultation
- Ongoing support
- Healthy lifestyle guidance




1. **MediLodge of Capital Area**
   2100 E. Provincial House Dr.
   Lansing, MI 48910
   P: 517.272.4029
2. **MediLodge of Cass City**
   4782 Hospital Dr.
   Cass City, MI 48726
   P: 989.872.2174
3. **MediLodge of Clare**
   600 S.E 4th St.
   Clare, MI 48617
   P: 989.386.7723
4. **MediLodge of Farmington**
   34225 Grand River Ave.
   Farmington, MI 48335
   P: 248.477.7373
5. **MediLodge of Frankenmuth**
   500 W. Genesee St.
   Frankenmuth, MI 48734
   P: 989.652.6101
6. **MediLodge of Grand Blanc**
   11941 Belsay Rd.
   Grand Blanc, MI 48439
   P: 810.694.1970
7. **MediLodge of Hillman**
   631 Caring St.
   Hillman, MI 49746
   P: 989.742.4581
8. **MediLodge of Holland**
   1221 E. 16th St.
   Holland, MI 49423
   P: 616.396.7095
9. **MediLodge of Howell**
   1333 W. Grand River Ave.
   Howell, MI 48843
   P: 517.548.1900
10. **MediLodge of Kalamazoo**
    1701 S. Eleventh St.
    Kalamazoo, MI 49009
    P: 269.375.2020
11. **MediLodge of Lansing**
    731 Starkweather Dr.
    Lansing, MI 48917
    P: 517.323.9133
12. **MediLodge of Livingston**
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13. **MediLodge of Marshall**
    879 E. Michigan Ave.
    Marshall, MI 49068
    P: 269.781.4251
14. **MediLodge of Midland**
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    Midland, MI 48640
    P: 989.631.9670
15. **MediLodge of Milford**
    555 Highland Ave.
    Milford, MI 48381
    P: 248.685.1460
16. **MediLodge of Monroe**
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    Monroe, MI 48162
    P: 734.242.6282
17. **MediLodgeof Montrose**
    9317 W. Vienna Rd.
    Montrose, MI 48457
    P: 810.639.6171
18. **MediLodge of Mt. Pleasant**
    1524 Portabella Trail.
    Mt. Pleasant, MI 48858
    P: 989.772.2967
19. **MediLodge of Okemos**
    5211 Marsh Rd.
    Okemos, MI 48864
    P: 517.319.1400
20. **MediLodge of Plymouth**
    395 W. Ann Arbor Trail.
    Plymouth, MI 48170
    P: 734.453.3983
21. **MediLodge of Port Huron**
    5635 Lakeshore Rd.
    Fort Gratiot, MI 48059
    P: 810.385.7447
22. **MediLodge of Portage**
    7855 Currier Dr.
    Portage, MI 49002
    P: 269.323.7748
23. **MediLodgeof Richmond**
    34901 Division Rd.
    Richmond, MI 48062
    P: 586.727.7562
24. **MediLodge of Rochester Hills**
    1480 Walton Blvd.
    Rochester Hills, MI 48309
    P: 248.651.4422
25. **MediLodge of Southfield**
    26715 Greenfield Rd.
    Southfield, MI 48076
    P: 248.557.0050
26. **MediLodge of St. Clair**
    4220 S. Hospital Dr.
    East China, MI 48054
    P: 810.329.4736
27. **MediLodge of Sterling**
    500 School Rd.
    Sterling, MI 48659
    P: 989.654.2496
28. **MediLodge of Sterling Heights**
    14151 E. 15 Mile Rd.
    Sterling Heights, MI 48312
    P: 586.939.0200
29. **The Lodge at Taylor**
    22950 Northline Rd.
    Taylor, MI 48180
    P: 734.287.1230
30. **MediLodge of Taylor**
    23600 Northline Rd.
    Taylor, MI 48180
    P: 734.287.8580
31. **MediLodge of Westwood**
    2575 N. Drake Rd.
    Kalamazoo, MI 49006
    P: 269.342.0206
32. **MediLodge of Wyoming**
    2786 56th St SW.
    Wyoming, MI 49418
    P: 616.261.3960
33. **MediLodge of Yale**
    90 Jean St.
    Yale, MI 48097
    P: 810.387.3226
34. **MediLodge of Campus Area**
    2815 Northwind Dr.
    East Lansing, MI
    P: 517.332.0817
35. **MediLodge of East Lansing**
    1843 N. Hagadorn.
    East Lansing, MI 48823
    P: 517.332.5061

MEDILODGE

# Your Road to Recovery

Recover . Rejuvenate . Revitalize . Return Home .

When you no longer need the amount of care provided in the hospital, the hospital will begin a process to discharge you.

Most people hope to go directly home from the hospital after surgery or being ill. However, even if you and your doctor planned for you to go home, your recovery may be slower than expected and could result in yet another hospital admission. As a result, you may need to be transferred to a Medilodge post-acute care center for short-term rehabilitation and skilled nursing services.

# What Happens During Your Stay at MediLodge?

MediLodge post-acute care centers provide skilled nursing care and short term rehabilitation services for when you are not yet able to be independent, so that you can get back to doing the things you love with the people you love.

While a physician will supervise your care, other trained health professionals will be helping you grow stronger:

- Registered nurses will provide wound care, give you the correct medications, and help monitor other medical problems around the clock.
- Physical therapists will teach you how to make your muscles stronger, climb steps, get up and sit down from a chair, toilet, or bed.
- Occupational therapists will teach you the skills you need to perform everyday tasks at home.
- Speech and language therapists will evaluate and treat problems with swallowing, speaking, and understanding.

## Other Benefits:

- MediLodge provides extensive, customized in-patient therapy so that you may return home stronger and safer to your loved ones.
- For your convenience, you will not need to drive anywhere for your care and therapy
- 24 hour close monitoring and teaching by licensed staff

## Financial Benefits:

- Your short-term stay with MediLodge may be covered by Medicare and most other insurance plans
- Your short-term stay with MediLodge may decrease your length of stay in the hospital
- Your short-term stay with MediLodge may decrease your chances of returning to the hospital.

MediLodge has very low re-hospitalization rates!

## When You are Ready to Go Home:

- MediLodge discharge planners will arrange home health care services to ensure that you continue to receive needed care at home.
- Home health services may include nursing care, a home health aide, physical therapy, occupational therapy, and speech therapy.

If you experience a decline in your condition while at home, you may contact MediLodge to return for 24-hour care until you are stable enough to return home again.

**www.MediLodge.com** **www.facebook.com/MediLodge**

*MediLodge does not discriminate against any person on the basis of race, color, sex, national origin, marital status, sexual orientation, disability, religion or age in admission, treatment, or publication in its programs, services, and activities, or in employment. For further information about this policy, please contact our Administrator.*